



PEOPLE DATA SITES: INFORMATION REMOVAL/OPT-OUT GUIDE

Before beginning this exercise, it is recommended you consider taking the following steps:

- 1.) When removing the information from the following organizations, consider creating an anonymous email address (ex. Contactme313@) to use solely for this purpose.
- 2.) Consider using the following email service providers which offer users a greater sense of privacy.
 - » ProtonMail: <https://protonmail.com>
 - » Tutanota: <https://tutanota.com>

These two email providers offer a secure email service with built in end to end encryption. With end to end encryption, content within the email is not accessible by the company itself when emailing within the network (ex. ProtonMail to ProtonMail user). Only the communicating users can read the content.

Note: This list is not exhaustive but will provide a good start for reducing your digital footprint. Many of these sites may require your follow up before successful data removal occurs. Please be sure to record the date you initially contact the service and document once removal is verified. Be diligent.

PEOPLE DATA SITES

USEFUL LINKS

Cyber Background Checks:	<i>Website:</i> https://www.cyberbackgroundchecks.com/ <i>Data removal/opt-out:</i> https://www.cyberbackgroundchecks.com/removal
Thatsthem:	<i>Website:</i> https://thatsthem.com/ <i>Data removal/Opt out:</i> https://thatsthem.com/optout
Spokeo:	<i>Website:</i> https://www.spokeo.com/ <i>Data removal/Opt out:</i> https://www.spokeo.com/optout
Neighbor report:	<i>Website:</i> https://neighbor.report/ <i>Data removal/Opt out:</i> https://neighbor.report/remove
Intelius:	<i>Website:</i> https://www.intelius.com/ <i>Data removal/Opt out:</i> https://www.intelius.com/optout
Beenverified:	<i>Website:</i> https://www.beenverified.com/ <i>Data removal/Opt out:</i> https://www.beenverified.com/f/optout/search
Peoplefinders:	<i>Website:</i> https://www.peoplefinders.com/ <i>Data removal/Opt out:</i> https://www.peoplefinders.com/about/help/top4
True People Search:	<i>Website:</i> https://www.truepeoplesearch.com/ <i>Data removal/Opt out:</i> https://www.truepeoplesearch.com/removal
People Search Now:	<i>Website:</i> https://www.peoplesearchnow.com/ <i>Data removal/opt-out:</i> https://www.peoplesearchnow.com/opt-out

Mylife:	<i>Website:</i> https://www.mylife.com/ <i>Privacy Policy:</i> https://www.mylife.com/privacy-policy <i>Data Removal/Opt out:</i> Contact via email: privacy@mylife.com
FamilyTreeNow:	<i>Website:</i> https://www.familytreenow.com/ <i>Data removal/Opt out:</i> https://www.familytreenow.com/optout
Nuumber:	<i>Website:</i> https://nuumber.com/ <i>Data removal/Opt out:</i> https://nuumber.com/removal/link
Spydialer: (This service provides users the ability to extract the outgoing cellphone message you leave for missed calls).	<i>Website:</i> https://www.spydialer.com/default.aspx <i>Data removal/Opt out:</i> https://www.spydialer.com/optout.aspx
Whitepages:	<i>Website:</i> https://www.whitepages.com/ <i>Data removal/opt-out:</i> http://www.whitepages.com/suppression_requests
Truthfinder:	<i>Website:</i> https://www.truthfinder.com/ <i>Data removal/opt-out:</i> https://www.truthfinder.com/opt-out/
Peekyou:	<i>Website:</i> https://www.peekyou.com/ <i>Data removal/opt-out:</i> https://www.peekyou.com/about/contact/optout/index.php
Instantcheckmate:	<i>Website:</i> https://www.instantcheckmate.com/ <i>Data removal/opt-out:</i> https://www.instantcheckmate.com/opt-out/
My Relatives:	<i>Website:</i> https://www.myrelatives.com/ <i>Data removal/opt-out:</i> https://www.myrelatives.com/privacy
Instant People Finder:	<i>Website:</i> https://www.instantpeoplefinder.com/ <i>Data removal/opt-out contact via email:</i> optout@instantpeoplefinder.com <i>Privacy policy:</i> https://www.instantpeoplefinder.com/privacy.html
Axciom:	<i>Website:</i> https://www.acxiom.com/ <i>Data removal/opt-out:</i> https://isapps.acxiom.com/optout/optout.aspx
Lexis Nexis:	<i>Website:</i> https://www.lexisnexis.com/en-us/gateway.page <i>Data removal/opt-out:</i> https://optout.lexisnexis.com
Cubib:	<i>Website:</i> https://cubib.com/ <i>Data removal/opt-out:</i> https://cubib.com/optout.php
Fast People Search:	<i>Website:</i> https://www.fastpeoplesearch.com/ <i>Data removal/opt-out:</i> https://www.fastpeoplesearch.com/removal
PrivateEye:	<i>Website:</i> https://www.privateeye.com/ <i>Data removal/opt-out:</i> https://www.privateeye.com/static/view/optout/
People Whiz:	<i>Website:</i> https://www.peoplewhiz.com <i>Data removal/opt-out:</i> https://www.peoplewhiz.com/remove-my-info
People by Name:	<i>Website:</i> http://www.peoplebyname.com/ <i>Data removal/opt-out:</i> www.peoplebyname.com/remove.php